Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 18 Mar 2022 until 23:59 on Saturday 19 Mar 2022

Forecast Issued on Friday 18 Mar 2022 at 03:16 by Met Office Aberdeen

Confidence: High for dry but occasionally windy conditions Friday to Sunday but low confidence for chance of rain on Monday. Medium confidence for settled conditions returning next week.

Headline for Friday 18 Mar 2022: Dry but windy day with hazy sunshine.

Mountain weather hazards on Friday 18 Mar 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales Medium Likelihood	**Severe chill effect** Medium Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny	Sunny intervals	Sunny intervals	Cloudy	Cloudy
Precipitation probability					
<05%	00%	00%	00%	00%	00%

Forecast for Friday 18 Mar 2022

Weather: A little cloud and hill fog at first clearing through the morning, to give a dry and bright day with hazy sunshine. Often windy, with strong to gale southerly to southwesterly winds.

Chance of cloud-free hill tops above 800m: 80% becoming greater than 90% by mid-morning.

Low cloud and visibility: Good or excellent visibility during daylight hours with mainly high based cloud.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Friday 18 Mar 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	33/40 SW	41/49 S	34/43 S	40/51 S	46/56 S	43/52 S	43/53 S
900	32/39 SW	38/47 S	32/40 S	37/48 S	42/52 S	38/47 S	39/49 S
600	21/29 SW	27/35 S	26/35 S	30/40 S	28/38 S	24/34 S	24/33 S
300	4/27 SW	6/26 S	6/29 S	9/36 S	6/34 S	5/28 S	6/29 S
Glen	11/24 SW	9/21 S	15/31 S	16/32 S	13/30 S	12/30 S	9/25 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-2/-11	-2/-12	-0/-8	2/-6	3/-6	2/-6	2/-6
900	-1/-10	-1/-10	1/-7	3/-4	3/-4	3/-4	3/-5
600	1/-5	2/-5	4/-3	6/0	6/0	5/-0	5/-0
300	3/1	4/2	7/6	9/7	8/6	7/5	6/4
Glen	5/2	7/4	9/6	11/8	10/7	9/6	8/6
Freezing Level*	700m	700m	800m	1200m	1300m	1400m	1300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Lots of hazy sunshine but strong winds will give a significant wind chill.

Forecast for Saturday 19 Mar 2022
Weather: Isolated valley fog in the early hours, then dry and warm with long periods of sunshine. Strong to gale southerly to southeasterly winds.

Maximum wind: Southerly 35-40 mph gusting 45-55 mph early hours, easing to southerly or southeasterly 20-25 mph gusting 30-40 mph.

Chance of cloud-free hill tops above 800m: Greater than 90%.

Low cloud and visibility: Good or excellent visibility with occasional high based cloud. Lowering very poor in isolated valley fog through the early hours.

Temperature: **Glens:** Plus 3 Celsius increasing plus 11 Celsius.
At 800m: Plus 2 Celsius increasing plus 7 Celsius.
Freezing level: Above summits.

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